

W.C.C. LAP POOL SCHEDULE: JAN 5th - FEB 15th 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------------|--|--------------------------------------|--|---|--------------------------------------|-----------------------------|
| Lap Swim (6) 5:00- 8:25am | Lap Swim (6) 5:00- 8:25am | Lap Swim (6) 5:00- 8:25am | Lap Swim (6) 5:00- 8:25am | Lap Swim (6) 5:00- 8:00am Adult Lessons (3) 8-8:30am | CLOSED | CLOSED |
| | | | | | | |
| Water Aerobics (0) 8:30 - 9:30 AM | Water Aerobics (0) 8:30 - 9:30 AM | Water Aerobics (0) 8:30 - 9:30 AM | Water Aerobics (0) 8:30 - 9:30 AM | Water Aerobics (0) 8:30 - 9:30 AM | Water Aerobics (2) 7:00 - 8:00 AM | |
| | | | GSB/RICH 9:30-10AM (4) | | SWIM LESSONS (4) 8:15-10:00 AM | |
| Lap Swim (5) 9:35 - 1 PM | Lap Swim (5) 9:35 - 12 PM RSU 40 (4) 12-1PM | Lap Swim (5) 9:35 - 1 PM | Lap Swim (5) 10 - 12:00 PM RSU 40 (4) 12-1PM | Lap Swim (5) 9:35 - 12:55 PM | Lap Swim (5) 10:00 - 4:00 PM | Lap Swim (4) 1:00-5:00pm |
| CLOSED 1:00-2:30 PM | CLOSED 1:00-2:30 PM | CLOSED 1:00-2:30 PM | CLOSED 1:00-2:30 PM | CLOSED 12:55-2:30 PM WES LESSONS | | |
| Lap Swim (6) 2:30 - 4:00 PM | Lap Swim (4) 2:30 - 4:15 PM | Lap Swim (6) 2:30 - 4:00 PM | Lap Swim (5) 2:30 - 3:30 PM LESSONS (3) 3:30-4:15pm | Lap Swim (6) 2:30 - 4:00 PM | | |
| WCCU (0) 4:00-5:00 PM | LESSONS (2) 4:15 - 5:00 PM | WCCU (0) 4:00-5:00 PM | Lap Swim (5) 4:15-5pm | WCCU (0) 4:00-5:00 PM | | |
| HIGH SCHOOL (0) 5:00-6:00PM | HIGH SCHOOL (0) 5:00-6:00PM | HIGH SCHOOL (0) 5:00-6:00PM | HIGH SCHOOL (0) 5:00-6:00PM | HIGH SCHOOL (0) 5:00-6:00PM | | |
| Water Aerobics (2) 6:00-7:00PM | Lap Swim (5) 6:00-7:00PM | Water Aerobics (2) 6:00-7:00PM | Lap Swim (5) 6:00-7:00PM | Lap Swim (5) 6:00-7:00PM | | |
| CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED |

(*) MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING {Ex: (2) = 2 lanes available}

W.C.C. ALCOVE POOL SCHEDULE: JAN 5th - FEB 15th 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|--|--|--|------------------------------|-----------------------------|
| Adult Water Walk 5:00 - 8:30 AM | Adult Water Walk 5:00 - 8:30 AM | Adult Water Walk 5:00 - 8:30 AM | Adult Water Walk 5:00 - 8:30 AM | Adult Water Walk 5:00 - 8:30 AM ADULT LESSONS 8:00-8:30AM | Open Swim 7:00 - 9:45 AM | |
| | | | Water Aerobics 8:30 - 9:30 AM GSB/RICH 9:30-10AM (4) | Water Aerobics 8:30 - 9:30 AM | | |
| Water Aerobics 8:30 - 9:30 AM | Water Aerobics 8:30 - 9:30 AM | Water Aerobics 8:30 - 9:30 AM | | | SWIM LESSONS 9:45-11:45AM | |
| Open Swim 9:30-1:00 PM | PARENT TOT 9:30-10AM Open Swim 10-12pm RSU 40 12-1PM | Open Swim 9:30-1:00 PM | Open Swim 10-12:00 PM RSU 40 12-1PM | SPLASH CLASS 9:30-10:15 AM Open Swim 10:15 - 12:55 PM | | |
| CLOSED 1:00 - 2:30 PM | CLOSED 12:00 - 2:30 PM | CLOSED 1:00 - 2:30 PM | CLOSED 12:00 - 2:30 PM | CLOSED 12:55 - 2:30 PM | Open Swim 11:45 - 4:00 PM | Open Swim 1:00 - 5:00 PM |
| Open Swim 2:30-6:45PM | Open Swim 2:30 - 3:30 PM LESSONS 3:30-4:15PM Open Swim 4:15-6:45PM | Open Swim 2:30-6:45PM | Open Swim 2:30 - 4:15 PM LESSONS 4:15-5PM Open Swim 5:00-6:45PM | Open Swim 2:30-6:45 PM | | |
| CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED |

IMPORTANT NOTES:

Depending on class sizes and available space the Alcove may be closed to swim lessons only during those times!

HIGH SCHOOL MEETS: 1/2, 1/9 & 1/30 HOME MEETS Pool closed at 5pm! **AWAY MEETS 1/16, 1/23 & 2/6** Pool will be open for lap swim 5-7pm

Pool will close at 6pm Tuesday Jan 6th for a Staff Training!!

POOL RULES:

No running

No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!)

No Food or Drink (except water!)

NO GLASS CONTAINERS!!

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

Only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!