

W.C.C. LAP POOL SCHEDULE - DEC 18th - FEB 18th, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am ADULT LESSONS CANCELLED UNTIL MARCH	CLOSED	CLOSED
Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM		
Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 9:35 - 12:15 PM RSU 40 (3) 12:15-1PM	Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 9:35 - 12:15 PM RSU 40 (3) 12:15-1PM	Lap Swim (5) 9:35 - 1 PM	SWIM LESSONS (2) 8:00-10:00 AM	Lap Swim (5) 1:00-5:00PM
CLOSED 1:00-2:30 PM	CLOSED 1:00-2:45 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	Lap Swim (5) 10 - 4 PM	
Lap Swim (6) 2:30 - 4:00 PM	Lap Swim (4) 2:45 - 4:15 PM	Lap Swim (6) 2:30 - 4:00 PM	Lap Swim (6) 2:30 - 3:30 PM	Lap Swim (6) 2:30 - 4:00 PM		
WCCU (0) 4:00-5:00 PM	LESSONS (3) 4:15 - 5 PM	WCCU (0) 4:00-5:00 PM	LESSONS (3) 3:30-4:15pm	WCCU (0) 4:00-5:00 PM		
HS PRACTICE (0) 5:00-6:00PM	HS PRACTICE (0) 5:00-6:00PM	HS PRACTICE (0) 5:00-6:00PM	Lap Swim 4:15-5pm (6) HS PRACTICE (0) 5:00-6:00PM	HS PRACTICE (0) 5:00-6:00PM		
Water Aerobics (0) 6:00-7:00PM	Lap Swim (6) 6:00-7:00PM	Water Aerobics (0) 6:00-7:00PM	Lap Swim 6-7pm (6)	Lap Swim (6) 6:00-7:00PM		
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

(*) MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING (Ex: (2) = 2 lanes available)

W.C.C. ALCOVE POOL SCHEDULE - DEC 18th - FEB 18th, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM ADULT LESSONS CANCELLED UNTIL MARCH	Open Swim 8:00 - 9:45 AM	
Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM		
Open Swim 9:30-1:00 PM	PARENT TOT 9:30-10AM Open Swim 10:00 -12:15 PM	Open Swim 9:30-1:00 PM	Open Swim 9:30-12:15 PM	SPLASH CLASS 9:30-10:15am Open Swim 10:15 - 1PM	SWIM LESSONS 9:45-11:45AM	Open Swim 1:00-4:45PM
CLOSED 1:00 - 2:30 PM	CLOSED 12:15 - 2:45 PM	CLOSED 1:00 - 2:30 PM	CLOSED 12:15 - 2:30 PM	CLOSED 1:00 - 2:30 PM		
Open Swim 2:30-6:45PM	Open Swim 2:45 - 3:30 PM LESSONS 3:30-4:15PM Open Swim 4:15-6:45PM	Open Swim 2:30-6:45PM	Open Swim 2:30 - 4:15 PM LESSONS 4:15-5PM Open Swim 5:00-6:45PM	Open Swim 2:30-6:45PM		
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

* PRIVATE LESSONS AVAILABLE BY APPOINTMENT*

IMPORTANT NOTES:

HIGH SCHOOL HOME MEETS FRI 1/19, FRI 1/26 AND TUES 2/6 POOL WILL CLOSE AT 5PM

HIGH SCHOOL AWAY MEETS FRI 1/12 & TUES 1/30 LAP POOL WILL BE OPEN 5-6PM

*WHILE THE AQUATICS DIRECTOR IS OUT ON MATERNITY LEAVE PLEASE BE KIND, COURTEOUS AND PATIENT WITH THE LIFEGUARD STAFF! WE ARE SHORT STAFFED AND IN THE AFTERNOONS THE HIGH SCHOOLERS GET OUT OF SCHOOL AND COME DOWN TO THE POOL AS QUICK AS THEY CAN!!**

POOL RULES:

No running

No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!)

No Food or Drink (except water!)

NO GLASS CONTAINERS!!

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!