

## W.C.C. LAP POOL SCHEDULE: SEPT 23RD - NOV 17th , 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	CLOSED	CLOSED
				Adult Lessons (3) 8-8:30am		
Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Lap Swim (5) 8:00-9:00 AM	CLOSED
					SWIM LESSONS (2) 9:00-10:00 AM	
Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 9:35 - 12 PM	Lap Swim (5) 9:35 - 1 PM	GSB/RICH LESSONS (4) 9:30-10AM Lap Swim (5) 10 - 12 PM	Lap Swim (5) 9:35 - 1 PM	Lap Swim (5) 10 - 2 PM	CLOSED
	RSU 40 (4) 12-1PM		RSU 40 (4) 12-1PM			
<b>CLOSED</b> <b>1:00-2:30 PM</b>	<b>CLOSED</b> <b>1:00-2:30 PM</b>	<b>CLOSED</b> <b>1:00-2:30 PM</b>	<b>CLOSED</b> <b>1:00-2:30 PM</b>	<b>CLOSED</b> <b>1-2:30 PM</b> <b>WES LESSONS</b>		
Lap Swim (6) 2:30 - 4:00 PM	Lap Swim (4) 2:30 - 4:15 PM	Lap Swim (6) 2:30 - 4:00 PM	Lap Swim (5) 2:30 - 3:30 PM	Lap Swim (6) 2:30 - 4:00 PM		
WCCU (0) 4:00-5:00 PM	LESSONS (2) 4:15 - 5:00 PM	WCCU (0) 4:00-5:00 PM	LESSONS (2) 3:30-4:15pm	WCCU (0) 4:00-5:00 PM		
Teen Safety Class (4) 5-5:45pm	Lap Swim (5) 5:00-7:00PM	Lap Swim (6) 5:00-5:55PM	Lap Swim (5) 4:15-5:30PM	Lap Swim (5) 5:00-7:00PM		
Water Aerobics (0) 6:00-7:00PM		Water Aerobics (0) 6:00-7:00PM				
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

(\* ) MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING {Ex: (2) = 2 lanes available}

## W.C.C. ALCOVE POOL SCHEDULE: SEPT 23RD - NOV 17th 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM		CLOSED
				ADULT LESSONS 8:00-8:30AM	Open Swim 8:00 - 9:45 AM	
Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	SWIM LESSONS 9:45-11:45AM	CLOSED
Open Swim 9:30-1:00 PM	PARENT TOT 9:30-10AM Open Swim 10-12pm	Open Swim 9:30-1:00 PM	Open Swim 9:30-12:00 PM	SPLASH CLASS 9:30-10:15 AM	Open Swim 11:45 - 2:00 PM	
<b>CLOSED</b> <b>1:00 - 2:30 PM</b>	RSU 40 12-1PM	<b>CLOSED</b> <b>1:00 - 2:30 PM</b>	RSU 40 12-1PM	Open Swim 10:15 - 1:00 PM		
	<b>CLOSED</b> <b>12:00 - 2:30 PM</b>		<b>CLOSED</b> <b>12:00 - 2:30 PM</b>	<b>CLOSED</b> <b>1:00 - 2:30 PM</b>		
Open Swim 2:30-6:45PM	Open Swim 2:30 - 3:30 PM	Open Swim 2:30-6:45PM	Open Swim 2:30 - 4:15 PM	Open Swim 2:30-5:15 PM		
	LESSONS 3:30-4:15PM		LESSONS 4:15-5PM			
	Open Swim 4:15-6:45PM		Open Swim 5:00-5:30PM			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

### IMPORTANT NOTES:

**\*Depending on class sizes and available space the Alcove may be closed to swim lessons only during those times!\***

**Pool will be closing at 5:30PM Thursdays due to lack of available staff!**

### POOL RULES:

No running

No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!)

No Food or Drink (except water!)

**NO GLASS CONTAINERS!!**

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

Only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

**\*If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!\***