Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am Adult Lessons (3) 8-8:30am	CLOSED	CLOSED
Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM Lap Swim (5)	Water Aerobics (0) 8:30 - 9:30 AM	Lap Swim (5) 8:00-9:00 AM SWIM LESSONS (2)	
Lap Swim (5) 9:35 - 1:00 PM	Lap Swim (5) 9:35 - 12:00 PM RSU 40 (4) 12-1PM	Lap Swim (5) 9:35 - 1:00 PM	9:35 - 12:00 PM RSU 40 (4) 12-1PM CLOSED	Lap Swim (5) 9:35 - 1:00 PM	9:00-10:00 AM	CLOSED
CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	1:00-2:30 PM Lap Swim (5) 2:30 - 3:30 PM	CLOSED 1:00-2:30 PM WES LESSONS	Lap Swim (5) 10:00 - 4:00 PM	Lap Swim (4
Lap Swim (6) 2:30 - 4:00 PM	Lap Swim (4) 2:30 - 4:15 PM	Lap Swim (6) 2:30 - 4:00 PM	LESSONS (2) 3:30-4:15pm	Lap Swim (6) 2:30 - 4:00 PM		1:00-5:00pm
WCCU (0) 4:00-5:00 PM	LESSONS (2) 4:15 - 5:00 PM	WCCU (0) 4:00-5:00 PM	Lap Swim (5) 4:15-5:00PM	WCCU (0) 4:00-5:00 PM		
HIGH SCHOOL (0) 5:00-6:00PM	HIGH SCHOOL (0) 5:00-6:00PM	HIGH SCHOOL (0) 5:00-6:00PM	HIGH SCHOOL (0) 5:00-6:00PM	HIGH SCHOOL (0) 5:00-6:00PM		
Water Aerobics (2) 6:00-7:00PM	Lap Swim (5) 6:00-7:00PM	Water Aerobics (2) 6:00-7:00PM	Lap Swim (5) 6:00-7:00PM	Lap Swim (5) 6:00-7:00PM		
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

^(*) MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING {Ex: (2) = 2 lanes available}

W.C.C. ALCOVE POOL SCHEDULE: NOV 25th - FEB 16th, 2025										
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
Adult Water Walk	Adult Water Walk	Adult Water Walk	Adult Water Walk	Adult Water Walk						
5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM	5:00 - 8:30 AM						
				ADULT LESSONS	Open Swim					
				8:00-8:30AM	8:00 - 9:45 AM					
Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics						
8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	SWIM LESSONS					
Open Swim	PARENT TOT 9:30-10AM	Open Swim	Open Swim	SPLASH CLASS	9:45-11:45AM					
9:30-1:00 PM	Open Swim 10-12pm	9:30-1:00 PM	9:30-12:00 PM	9:30-10:15 AM						
	RSU 40		RSU 40	Open Swim		CLOSED				
CLOSED	12-1PM	CLOSED	12-1PM	10:15 - 1:00 PM						
1:00 - 2:30 PM	CLOSED	1:00 - 2:30 PM	CLOSED	CLOSED	Open Swim	Open Swim				
	12:00 - 2:30 PM		12:00 - 2:30 PM	1:00 - 2:30 PM	11:45 - 4:00 PM	1:00 - 4:45 PM				
	Open Swim		Open Swim							
Open Swim	2:30 - 3:30 PM	Open Swim	2:30 - 4:15 PM	Open Swim						
2:30-6:45PM	LESSONS	2:30-6:45PM	LESSONS	2:30-6:45 PM						
	3:30-4:15PM		4:15-5PM							
	Open Swim		Open Swim							
	4:15-6:45PM		5:00-6:45PM							
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED				

IMPORTANT NOTES:

Depending on class sizes and available space the Alcove may be closed to swim lessons only during those times!
High School Home Meets 12/6, 12/13, 1/10, 1/31 Pool will close at 5pm!

Holiday Closings: CLOSED ALL DAY 11/28, 12/25 & 1/1, Closing at 1pm 12/24 and 6pm 12/31

POOL RULES:

No running

No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!)

No Food or Drink (except water!)

No Food or Drink (except water!)
NO GLASS CONTAINERS!!

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

Only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!