

W.C.C. LAP POOL SCHEDULE: MARCH 30th - APRIL 19th, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	Lap Swim (6) 5:00- 8:25am	CLOSED	CLOSED
				Adult Lessons (3) 8-8:30am		
Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (0) 8:30 - 9:30 AM	Water Aerobics (2) 7:00 - 8:00 AM	CLOSED
			GSB/RICH 9:30-10AM (4)		SWIM LESSONS (4) 8:15-10:00 AM	
Lap Swim (5) 9:35 - 1:00 PM	Lap Swim (5) 9:35 - 12:00 PM	Lap Swim (5) 9:35 - 1:00 PM	Lap Swim (5) 10 - 12:00 PM	Lap Swim (5) 9:35 - 12:55 PM		
	RSU 40 (4) 12-1PM		RSU 40 (4) 12-1PM			
CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 1:00-2:30 PM	CLOSED 12:55-2:30 PM WES LESSONS		
			Lap Swim (5) 2:30 - 3:30 PM		Lap Swim (5) 10:00 - 4:00 PM	
Lap Swim (5) 2:30 - 6:00 PM	Lap Swim (4) 2:30 - 4:15 PM	Lap Swim (5) 2:30 - 6:00 PM	LESSONS (3) 3:30-4:15pm	Lap Swim (5) 2:30-7:00PM		
	LESSONS (2) 4:15 - 5:00 PM					
Water Aerobics (0) 6:00-7:00PM	Lap Swim (5) 5:00-7:00PM	Water Aerobics (0) 6:00-7:00PM	Lap Swim (5) 4:15-7:00PM			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

(*) MEANS NUMBER OF LANES AVAILABLE FOR LAP SWIMMING {Ex: (2) = 2 lanes available}

W.C.C. ALCOVE POOL SCHEDULE: MARCH 30th - APRIL 19th, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	Adult Water Walk 5:00 - 8:30 AM	CLOSED	CLOSED
	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	ADULT LESSONS 8:00-8:30AM	Open Swim 7:00 - 9:45 AM	CLOSED
Water Aerobics 8:30 - 9:30 AM	8:30 - 9:30 AM	GSB PRE-K Lessons 9-9:45AM	8:30 - 9:30 AM	Water Aerobics 8:30 - 9:30 AM	SWIM LESSONS 9:45-11:45AM	
Open Swim 9:30-1:00 PM	Open Swim 10:00-12:00 PM	Coastal Kids PK LESSON 9:45-10:30AM	Open Swim 10-12:00 PM	SPLASH CLASS 9:30-10:15 AM		
CLOSED 1:00 - 2:30 PM	RSU 40 12-1PM	Woolwich Central 10:30-11AM	RSU 40 12-1PM	Open Swim 10:15 - 12:55 PM		
	CLOSED 12:00 - 2:30 PM	Open Swim 11-1:00 PM	CLOSED 12:00 - 2:30 PM	CLOSED 12:55 - 2:30 PM	Open Swim 11:45 - 4:00 PM	
Open Swim 2:30-6:45PM	Open Swim 2:30 - 3:30 PM	CLOSED 1:00 - 2:30 PM	Open Swim 2:30 - 4:15 PM	Open Swim 2:30-6:45 PM		
	LESSONS 3:30-4:15PM	Open Swim 2:30-6:45PM	LESSONS 4:15-5PM			
	Open Swim 4:15-6:45PM		Open Swim 5:00-6:45PM			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

IMPORTANT NOTES:

Building Closed April 5th - EASTER

MONDAY APRIL 6th ALCOVE CLOSED 10:30-11:30AM

Tuesday April 14th Pool will close at 5pm for Staff Training

FRIDAY APRIL 17th Pool will close at 12pm for WES Lessons from 12-2:30pm

POOL RULES:

No running

No diving

Children under 4 must have an adult in the water with them

Children 4-11 must have an adult in the pool room supervising them

If your child is not FULLY potty trained please put them in a swim diaper (If they don't go to bed or ride in the car without a diaper on do not put them in the pool without one!)

No Food or Drink (except water!)

NO GLASS CONTAINERS!!

Only USCG approved lifejackets allowed. No inflatables!

Hair shoulder length or longer (regardless of gender) must be tied up in a ponytail or put in a swim cap.

Only appropriate swim wear allowed

Lap lanes are for sharing! If you are unwilling to share then you may be asked to wait until one opens up!

If you plan on bringing a large group to swim it is always a good idea to call ahead of time to give us a heads up, so that we can hopefully accommodate everyone staff wise! Thank you!