

# WISCASSET COMMUNITY CENTER

## Gym Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00	5:00 - 7:30 am Open Gym		5:00 - 7:30 am Open Gym		5:00 - 7:30 am Open Gym	Closed						
5:30		5:30 - 6:30 am PiYO		5:30 - 6:30 am AM Mix								
6:00		Open Gym		Open Gym								
6:30												
7:00	7:30 - 9:30 am Pickle Ball Pick-up	7:30 - 9:30 am Pickle Ball Pick-up	7:30 - 9:30 am Pickle Ball Pick-up	7:30 - 9:30 am Pickle Ball Pick-up	7:30 - 9:30 am Pickle Ball Pick-up	7:00-8:15a PiYO						
7:30						3 courts or 5 courts at WMHS Tennis Courts		3 courts or 5 courts at WMHS Tennis Courts	3 courts or 5 courts at WMHS Tennis Courts	3 courts or 5 courts at WMHS Tennis Courts	3 courts or 5 courts at WMHS Tennis Courts	Open Gym 8:30a - 4:00p
8:00												
8:30												
9:00					10:00 - 11:00 am Zumba Gold	Closed Rentals Available						
9:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym							
10:00												
10:30												
11:00												
11:30	9:30 - 4:30 Open Gym	9:30 - 5:30 Open Gym	9:30 - 5:30 Open Gym	9:30 - 5:00 Open Gym	11 - 6:00 Open Gym		Open Gym 1:00 - 5:00p					
12:00												
12:30												
13:00												
13:30	(\$ Karate 4:30 - 6:30 1/2 gym					Closed						
14:00												
14:30												
15:00												
15:30	Monday Night 6:00 - 9:30 Cornhole	Bal & Flow 6:00 - 7:00	6:00 - 7:00 PiYO 1/2 gym	6:30-7:30p Fitclass(\$) w/ Cedric	Ced Chal 6:30 - 7:30	Closed Rentals Available Inquire at the FRONT DESK!	CLOSED					
16:00		Adult Pick-up Basketball (\$) 7:00 - 8:30p										
16:30												
17:00												
17:30												
18:00												
18:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED							
19:00												
19:30												
20:00												
20:30												

**Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE**

Pickleball - Monday - Friday mornings from 7:30 - 9:30 am

**Gym times will depend on any special events / rentals scheduled as well!**

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.



Monday - Thursday	5:00 am - 8:30 pm
Friday	5:00 am - 8:00 pm
Saturday	7:00 am - 4:00 pm
Sunday	1:00 pm - 5:00 pm

