

WISCASSET COMMUNITY CENTER

Gym Schedule January 1st - January 31st, 2023

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|--|--|--|--|--|--|--|
| 5:00 | 5:00 - 7:30 am Open Gym | | 5:00 - 7:30 am Open Gym | | | Closed | Closed |
| 5:30 | | | 5:30 - 6:30 am PiYO | 5:30 - 6:30 am AM Mix | 5:00 - 7:30 am Open Gym | | |
| 6:00 | | | Open Gym | | | | |
| 6:30 | | | | Open Gym | | | |
| 7:00 | 7:30 - 9:30 am Pickle Ball Pick-up | 7:30 - 9:30 am Pickle Ball Pick-up | 7:30 - 9:30 am Pickle Ball Pick-up | 7:30 - 9:30 am Pickle Ball Pick-up | 7:30 - 9:30 am Pickle Ball Pick-up | 7:00-8:15a PiYO | Closed |
| 8:00 | | | | | | 8:15 - 2:00 pm Youth Basketball | |
| 8:30 | | | | | | | |
| 9:00 | | | | | | | |
| 9:30 | 9:30 - 4:30 pm Open Gym | 9:30 - 8:00 pm Open Gym | 9:30 - 8:00 pm Open Gym | 9:30 - 8:00 pm Open Gym | 10:00 - 11:00 am Zumba Gold | Youth Basketball schedules subject to change Dec, Jan & Feb | Closed Rentals Available |
| 10:00 | | | | | | | |
| 10:30 | | | | | | | |
| 11:00 | | | | | | | |
| 11:30 | | | | | | | |
| 12:00 | | | | | | | |
| 12:30 | | | | | | | |
| 13:00 | | | | | | | |
| 13:30 | | | | | | | |
| 14:00 | | | | | | | |
| 14:30 | 1/2 Open Gym | 1/2 Open Gym | Open 1/2 Gym | Open 1/2 Gym | Open 1/2 Gym | Open 1/2 Gym | Open Gym 1:00 - 3:30 pm |
| 15:00 | | | | | | | |
| 15:30 | Karate 4:30 - 6:30 | | | | | | Adult Pickup / League Basketball 3:30 - 8:30 pm |
| 16:00 | | | | | | | |
| 16:30 | Monday Night Cornhole | | | | | | Closed Rentals Available |
| 17:00 | | | | | | | |
| 17:30 | 6:30-9:30p | | | | | | Closed Rentals Available |
| 18:00 | | | | | | | |
| 18:30 | 6:30-9:30p | | | | | | Closed Rentals Available Inquire at the FRONT DESK! |
| 19:00 | | | | | | | |
| 19:30 | | | | | | | |
| 20:00 | | | | | | | |
| 20:30 | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | CLOSED |
| 21:00 | | | | | | | |
| 21:30 | | | | | | | |
| | | | | | | | |

Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE

Pickleball - Monday - Friday mornings from 7:30 - 9:30 am

ASA 1/2 Gym times will depend on the weather.

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

WINTER HOURS - Closing early on December 31st (Pool, 12p & Building, 2p), Closed New Years Day (Jan 1st)



| | |
|-------------------|-------------------|
| Monday - Thursday | 5:00 am - 8:30 pm |
| Friday | 5:00 am - 8:00 pm |
| Saturday | 7:00 am - 4:00 pm |
| Sunday | 1:00 pm - 5:00 pm |

