

Fitness Classes are included with your membership fee, unless noted \$ (Karate, Cedric's Wake-Up has a fee).

Fit Classes **FREE** to Members



STANDARD FIT CLASS RATES

6 VISIT FIT PUNCH CARD ~ \$60
DROP-IN CLASS FEE ~ \$15 PICKLEBALL ~ \$3

WISCASSET COMMUNITY CENTER

Fitness Schedule

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday			
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Please watch for gym, pool and Senior room closures and schedule updates - All times are SUBJECT TO CHANGE

Pickleball - Monday - Friday mornings from 7:30 - 10:00 am, also offered outside at WMHS Tennis Courts

Winter hours will start in Mid-October, look for updates in October

Fitness Classes offered at the WCC, in the Gym, Senior Center and Pool

BUILDING HOURS FOR THE WCC, WCC POOL HOURS ARE DIFFERENT (SEPARATE SCHEDULE)

Monday - Thursday	5:00 am - 8:30 pm
Friday	5:00 am - 8:00 pm
Saturday	7:00 am - 4:00 pm
Sunday	1:00 pm - 5:00 pm



www.wiscassetrec.com