

# Wiscasset Parks & Rec

Ages 15 and under  
\* Up to 8th grade

## Summer Track

USATF  
MAINE

### Events:

100m  
200m  
400m  
800m  
1500m  
3000m  
Racewalks  
Relays  
Hurdles  
Long Jump  
Triple Jump  
High Jump  
Turbo Javelin  
Discus  
Shot Put

### Meets

Thursdays at 10am

6/27- Winslow HS

7/3 - Winslow HS

7/11- Leavett HS

7/18 - Skowhegan HS

7/25 - Cony HS

### Qualifier

8/1- Cony HS

### Championship

8/10 - TBA

**Coach** - Josiah Winchenbach  
(207) 975-6997  
[josiahwink81@gmail.com](mailto:josiahwink81@gmail.com)

Practices:  
Mondays and Tuesdays  
4:00 - 5:00 pm.  
@ Wiscasset Middle-High School

### Registration Fee: \$60

Register @ Wiscasset Community Center  
[www.wiscassetme.myrec.com](http://www.wiscassetme.myrec.com)

Or:

Call: 207-882-8230

\*Includes practices, meet fees and a team t-shirt

\*USATF Membership required and must be purchased separately [www.usatf.org](http://www.usatf.org)

